

**HEART FAILURE AWARENESS DAY EVENT PROGRAMME  
6TH MAY 2011  
HACKNEY CENTRAL LIBRARY (BESIDE HACKNEY TOWN HALL)**

- **0930 ONWARDS HEALTH CHECKS (TLC CARE SERVICE)**
- **10:30-11:00 MEET THE HEART FAILURE TEAM**
- **11:00-11:30 PHYSICAL ACTIVITY AND HEART FAILURE**
- **(CLARE DAVEY-HIGHLY SPECIALIST PHYSIOTHERAPIST)**
- **11:30 SHORT BREAK**
- **11:45-12:00 WELCOME**
- **(ELLEN SHATA/ROSY SCOTT-HEART FAILURE NURSE SPECIALISTS)**
- **12:00-12:30 HEART FAILURE: A COMMUNITY PERSPECTIVE**
- **(DR CLARE HIGHTON-GENERAL PRACTITIONER)**
- **12:30-13:00 HEART FAILURE: SIGNS AND SYMPTOMS, DIAGNOSIS, TREATMENT AND MANAGEMENT**
- **(DR HAN BIN XIAO-CARDIOLOGIST HOMERTON HOSPITAL)**
- **13:00-13:30 INTRODUCTION TO YOUR LOCAL SERVICES**
- **(ZHAREEN FLORDELIZA-HEART FAILURE NURSE SPECIALIST)**
- **AN OVERVIEW OF TLC CARE SERVICE (SIMON WILLIAMS)**
- **WHAT IS CITY AND HACKNEY CARERS (LUKE DANIELS)**
- **AGE WELL FOR CITY AND HACKNEY**
- **13:30 TEA AND COFFEE**
- **13:45-1430 – BOOTHS, STALLS, QUIZ AND RAFFLE**