



Specialist heart failure services provide rapid diagnosis and optimal treatment leading to:

IMPROVED SURVIVAL

- ♥ Specialist input (consultant/nurse) doubles a heart failure patient's chance of survival whilst in hospital²
- ♥ Patients receiving specialist input are significantly less likely to die following discharge²

IMPROVED QUALITY OF LIFE

- ♥ Optimal treatment relieves symptoms allowing a patient to enjoy everyday life and, where possible, continue working¹
- ♥ Heart failure teams provide reassurance and empower patients to manage their condition¹

REDUCED HOSPITAL ADMISSIONS

- ♥ Patients under the care of a specialist heart failure nurse are five times less likely to be hospitalised compared to all heart failure patients^{2,3}
- ♥ Heart failure teams have proven to significantly reduce heart failure hospital admissions by 43%^{2,4}



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HEART FAILURE FACTS

Without access to specialist heart failure services,

30–40%

of heart failure patients will die within the first year of diagnosis¹

Do we have your support?

Heart failure facts

- ♥ Heart failure is a clinical syndrome, with symptoms such as fatigue, breathlessness and fluid retention, arising from the heart's inability to pump sufficient blood around the body^{1,2}
- ♥ The most common cause of heart failure is coronary artery disease: 70% of patients have suffered a previous heart attack^{1,2}
- ♥ In the UK today, around 900,000 people have heart failure¹
- ♥ The number of patients with heart failure is set to rise in the next 20 years. This is due to the combined effects of improved survival after a heart attack and an ageing population^{1,2}
- ♥ Without the care and support of a specialist heart failure service, heart failure patients:
 - Have a prognosis worse than that of patients with many cancers, including breast or prostate cancer¹
 - Suffer unnecessarily from severe and disabling symptoms upon minimal exertion, making simple activities, such as washing, dressing or walking from room to room, challenging^{1,2}
 - Are at risk of avoidable deterioration in their condition and frightening, emergency hospital admissions^{1,2}

Specialist inpatient care, as part of a comprehensive heart failure service, is life saving and life enhancing¹⁻³

Heart failure exerts a huge burden on NHS resources¹

- ♥ The total annual cost of heart failure to the NHS is around 2% of the total NHS budget: approximately 70% of this total is due to the costs of hospitalisation¹
- ♥ Heart failure accounts for more than 1 million bed-days per year¹
- ♥ Heart failure is one of the most common reasons for emergency admissions, accounting for 5% of all emergency admissions^{1,2}
- ♥ Readmissions are common: about 1 in 4 heart failure patients are readmitted within 3 months^{1,2}

The burden of heart failure on NHS resources is going to increase¹

- ♥ Hospital admissions for heart failure are projected to rise by 50% over the next 25 years^{1,2}
- ♥ This increase is due to the combined effects of improved survival after a heart attack and an ageing population^{1,2}

References:

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