



**9<sup>th</sup> British Society for Heart Failure  
Heart Failure Nurse and  
Healthcare Professional Study Day  
Wednesday 27 March 2019**

**Golden Jubilee Conference Hotel, Glasgow**

**Website: [www.bshf.org.uk](http://www.bshf.org.uk)  
Twitter: @BSHeartFailure**

**Also attend the 11<sup>th</sup> BSH Heart Failure Day for Revalidation  
and Training on 26 March 2019 and receive  
a discount on registration fees. Register early  
if applying for travel grant**

# 9<sup>th</sup> BSH Heart Failure Nurse and Healthcare Professional Study Day

## Wednesday 27 March 2019

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**Programme directors: Carys Barton (Hertfordshire) / Louise Clayton (Leicester) / Jayne Masters (Southampton)**

09:00–09:20 *Registration – coffee*

**09:20–09:30 Welcome**  
*Louise Clayton (Leicester)*

**09:30–11:00 Session 1: Getting the basics right**  
*Chairs: Louise Clayton (Leicester) / Paul Kalra (Portsmouth)*

09:30–10:00 HFrEF, HFmrEF, HFpEF... what do we do and when?  
*Simon Duckett (Stoke-on-Trent)*

10:00–10:20 When to consider CRT  
*Roy Gardner (Glasgow)*

10:20–10:40 Atrial fibrillation and managing rate control  
*Derek Connelly (Glasgow)*

10:40–11:00 What's new for 2019 – the implications of new guidance  
*Simon Williams (Manchester)*

11:00–11:30 *Coffee and meet the exhibitors*

**11:30–12:50 Session 2: Supportive palliative care**  
*Chairs: Lucy Girdler Heald (Slough) / Simon Williams (Manchester)*

11:30–11:50 Palliative care in the acute setting... How can we get it right?  
*Louise Clayton (Leicester)*

11:50–12:10 Getting it right – a carer's perspective  
*Georgina Newnham (Isle of Wight)*

12:10–12:30 What does the hospice have to offer?  
*Jenny Welstand (Wrexham)*

12:30–12:50 Getting palliation right for patients awaiting transplant  
*Jane Cannon (Harefield)*

12:50–13:50 *Lunch and Meet the Expert session*

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### **13:50–15:10 Session 3: The reality – case studies**

*Chairs: Carys Barton (Hertfordshire) / Yvonne Millerick (Glasgow)*

13:50–14:10 Case study: Sleep disordered breathing – recognising, diagnosing and managing a heart failure patient with obstructive sleep apnoea  
*Lizelle Bernhardt (Leicester)*

14:10–14:30 Case study: Insights into a heart failure rehab  
*Hannah Waterhouse (Warwick)*

14:30–14:50 Case study: Managing the challenges of a patient with cardiac amyloid  
*Carol Whelan (London)*

14:50–15:10 Case study: Can we achieve the perfect discharge?  
*Steve McGlynn (Glasgow)*

15:10–15:30 *Tea and meet the exhibitors*

### **15:30–16:30 Session 4: Discharge planning**

*Chairs: Aylison Clarke (Paisley) / Jenny Welstand (Wrexham)*

15:30–15:50 GP responsibilities – NICE guidance update and improving documentation  
*Jim Moore (Cheltenham)*

15:50–16:10 Developing personalised care plans  
*Lucy Girdler-Heald (Slough)*

16:10–16:30 When should we discharge patients from our caseloads?  
*Carys Barton (Hertfordshire)*

### **16:30–16:40 Closing remarks**

*Carys Barton (Hertfordshire)*

## 9<sup>th</sup> BSH Heart Failure Nurse and Healthcare Professional Study Day 2019 – Information

The programme has been designed by Mrs Carys Barton, Mrs Louise Clayton and Mrs Jayne Masters. The day aims to provide evidence-based knowledge from leading UK specialists in heart failure management and in-depth discussion around particularly challenging and controversial management issues facing nurses and other healthcare professionals caring for patients with heart failure. It is designed to educate and interest heart failure nurses, and will be of interest to nurses, both early in their role and those with more experience, as well as other healthcare professionals

### Date/venue

The meeting will take place on Wednesday 27 March 2019 at Golden Jubilee Conference Hotel, Glasgow.

### Registration

BSH members are entitled to a subsidised registration fee. The registration fee for all options includes scientific meeting attendance and catering as indicated on the programme. Travel and accommodation are not included.

### Discount

BSH members attending this meeting on Wednesday 27 March 2019 are entitled to a discounted registration fee for the 11<sup>th</sup> BSH Heart Failure Day for Revalidation and Training on Tuesday 26 March 2019. Further details are available on the registration form.

### Payment

Fees may be paid by any of the means below:

- **BACS:** (internet or telephone banking)  
Sort code: 20-07-82; Account: 00452912  
Reference: your surname and initial(s)  
Please e-mail [natasha@bsh.org.uk](mailto:natasha@bsh.org.uk) to confirm that payment has been made.
- **Cheque:** please make payable to BSH.
- **Credit/debit card:** please call 01865 391836 (during office hours) to make payment.
- **Invoice:** please provide a Purchase Order from your NHS Trust or organisation for your registration fee with your registration form. We regret that we are unable to issue an invoice or register you for the meeting without a Purchase Order.

### Confirmation

We will send confirmation of your registration by e-mail when we receive your completed form and payment. If you have not received this within two weeks, please let us know so that we can check whether your registration form and payment have been received.

### Accreditation

Accreditation from the Royal College of Nursing Centre for Professional Accreditation has been applied for.

### Cancellation

Cancellation of your registration is without charge before 5 March 2019. Cancellations thereafter will not be refunded; however, a change of name is permitted without charge until 19 March 2019.

### Funding

If you are a healthcare professional supporting patients affected by or at risk of cardiovascular disease why not join the **British Heart Foundation Alliance**. Members

of the Alliance can access learning and development opportunities including funding to attend training courses and conferences relevant to cardiovascular care. Join for free at [www.bhf.org.uk/alliance](http://www.bhf.org.uk/alliance).

### Travel grants

A limited number of travel grants of up to £100 standard fare are available on a first-come, first-served basis to non-consultant healthcare professionals registering who fulfil all the following criteria:

- BSH member
- Where financial considerations would otherwise prevent them attending the meeting
- Do not have access to a travel budget and are unable to reclaim travel funds from other sources
- Will be able to provide a receipt for the travel costs for reimbursement by BSH after the meeting.

### BSH membership

If you wish to join the BSH, **you can apply for membership at the same time as registering**, thus benefiting from the reduced membership registration fee. The membership fee is £35 for nurses and research fellows, and £45 for all other healthcare professionals. If you pay by standing order there is a £5 discount. **Please consult the BSH website ([www.bsh.org.uk](http://www.bsh.org.uk)) for details, complete the membership application form and send it with this registration form to the BSH Secretariat.**

### Call for posters

We invite BSH members to display a poster. Suggested topics include:

- your heart failure service
- your heart failure-related work
- local heart forums
- how you have developed an aspect of your service
- how your service works (including what works well/ lessons learned)
- sharing of best practice.

Please indicate on your meeting registration form if you wish to submit a poster and send a brief summary outlining your poster content to [sam@bsh.org.uk](mailto:sam@bsh.org.uk) by **4 March 2019**.

A limited number of posters will be displayed in the exhibition area and space will be allocated on a first-come, first-served basis.

### Exhibitors and Friends of BSH

If you would like to exhibit at this meeting or become a Friend of the BSH, please contact the BSH Secretariat (e-mail: [michelle@bsh.org.uk](mailto:michelle@bsh.org.uk)) for more information.

### Hotel accommodation

Accommodation is available at the Golden Jubilee Conference Hotel ([www.goldenjubileehotel.com/](http://www.goldenjubileehotel.com/)). The cost of a room (B&B, single occupancy) starts at £88.00 per night. Please book your room directly with the hotel (Tel: 0141 951 6006): credit card details will be required to secure your booking; however, payment will not be requested until check-out. We have an allocation of rooms for the night of 26 March 2019; just mention that you are attending the BSH meeting on 27 March 2019. Please note that the rates above can only be guaranteed if you book directly with the hotel and are available on a first-come, first-served basis.

## 9<sup>th</sup> BSH Heart Failure Nurse and Healthcare Professional Study Day 2019 – Registration Form

An electronic version of this form, to be returned by e-mail, is available at [www.bsh.org.uk](http://www.bsh.org.uk) (under Latest news). Alternatively, please complete (in BLOCK CAPITALS) and return this form to the BSH Secretariat (for contact details see the back page). For more information, consult the information page of this leaflet.

### Registration

- BSH member £60  
 Non-BSH member £150  
 Employee of pharmaceutical/medical device industry or agency £250

I would also like to attend the 11<sup>th</sup> BSH Heart Failure Day for Revalidation and Training on 26 March

- BSH member (nurse/non-consultant) for the discounted cost of £40  
 BSH member (consultant) for the discounted cost of £80

### BSH membership

I would like to become a member of the BSH (please consult the BSH website, [www.bsh.org.uk](http://www.bsh.org.uk), for details and a membership form):

- I would like to pay by cheque or BACS – my annual membership fee of £35  or £45  is included in the total cost below  
 I would like to pay by standing order (in order to receive the discount of £5) – I enclose a membership form and standing order mandate for my annual membership fee of £30  or £40

### Poster presentation submission

- I will submit a brief outline of my poster to [sam@bsh.org.uk](mailto:sam@bsh.org.uk) by **4 March 2019**

### Travel grant

- I would like to apply for a travel grant and I fulfil the criteria listed on the information page

### Total payment

- I enclose a cheque (made payable to BSH) for a total of: £.....  
 I have made a BACS payment to the following account:  
Sort code: 20-07-82; Account No: 00452912 (with my surname and initial(s) as the reference) for a total of: £.....  
 I will call the BSH office to make payment by credit/debit card for a total of: £.....

We will send confirmation of your registration by e-mail when we receive your completed form and payment

Name (incl. title): ..... Position: .....

Department: .....

Hospital/University/workplace: .....  
(to be included on name badge)

Address (home/work\*): .....

\*Please delete as applicable

Telephone: ..... E-mail: .....

Please indicate your occupation:

- Acute/emergency physician  Cardiac rehabilitation  Cardiologist  Cardiology trainee  
 Clinical Researcher  General Practitioner  Geriatrician  Nurse (please specify)  
 Community  Primary Care  Secondary Care  Pharmacist  Physiotherapist  
 Scientist  Surgeon  Student  Other (please specify).....

We will produce a delegate list to be distributed exclusively to all those attending this meeting. It will include name and postal town only. Tick this box if you do not wish to be included in this list

Personal data (as defined by the Data Protection Act 1998) supplied by you is required for the preparation of meeting materials, to inform you of other meetings/initiatives that may be of interest to you (BSH-/BCS-related only) and for record-keeping purposes. By completing and returning this form, you agree that your data may be used and held on a 'need to know' basis for these purposes by the BSH. We will never share your data with a third party. If you do not wish to receive information on future BSH meetings/initiatives, please tick this box



The BSH gratefully acknowledges the support  
provided by the **Friends of BSH:**

**Abbott Medical**  
**Alnylam**  
**AstraZeneca**  
**Bayer**  
**Boston Scientific**

**Medtronic**  
**Novartis Pharmaceuticals**  
**Roche Diagnostics**  
**Vifor Pharma**

**Please send your completed registration form to the  
following address or contact us for further information:**

British Society for Heart Failure  
'Nought' The Farthings  
Marcham, Oxfordshire, OX13 6QD, United Kingdom

Telephone: 01865 391836

E-mail: [info@bsh.org.uk](mailto:info@bsh.org.uk)

Website: [www.bsh.org.uk](http://www.bsh.org.uk)

Twitter: [@BSHeartFailure](https://twitter.com/BSHeartFailure)

Registered office: as above

Company number: 3767312

Registered charity number: 1075720