



British Society for Heart Failure

22nd Annual Autumn Meeting

Improving quality and reducing inequality in heart failure



Fleming Room
QEII Centre
London

28–29 November 2019

Improving quality and reducing inequality in heart failure

Programme directors: Jayne Masters (Southampton) / Stephen Pettit (Cambridge) / Carol Whelan (London) / Simon Williams (Manchester)

Day one: Thursday 28 November

- 08:40–09:20 *Registration and coffee*
- 09:20–09:25 **Introduction** Paul Kalra (Portsmouth)
- 09:25–10:45 **Session 1: NHS 10-year plan and National Heart Failure Audit**
Chairs: Roy Gardner (Glasgow) / Simon Williams (Manchester)
- 09:25–09:40 NHS 10-year plan overview Simon Ray (Manchester)
- 09:40–09:55 NHS 10-year plan: what it means for heart failure? Martin Cowie (London)
- 09:55–10:10 NHS 10-year plan: what about the rest of the UK? Patricia Campbell (Newry)
- 10:10–10:20 NHS 10-year plan: questions from the audience
- 10:20–10:45 National Heart Failure Audit Theresa McDonagh (London)
- 10:45–11:15 *Coffee and Meet the Expert sessions*
- 11:15–12:45 **Session 2: Advanced heart failure**
Chairs: Roy Gardner (Glasgow) / Stephen Pettit (Cambridge)
- 11:15–11:35 What is advanced heart failure?
Definition and prognostication Sai Bhagra (Cambridge)
- 11:35–11:55 Who needs mechanical circulatory support? Steve Shaw (Manchester)
- 11:55–12:45 Philip Poole-Wilson Memorial Lecture
Introduction by Theresa McDonagh (London)
- 12:00–12:45 Philip Poole-Wilson Memorial Lecture Jayan Parameshwar (Cambridge)
- 12:45–14:15 *Lunch and Meet the Exhibitors*
- 13:15–14:05 **Satellite Symposium**
Sponsored and organised by Vifor Pharma
- 14:15–15:25 **Session 3: Cardio-oncology and amyloidosis**
Chairs: Steve Shaw (Manchester) / Simon Woldman (London)
- 14:15–14:35 Cancer drugs and the heart Alex Lyon (London)
- 14:35–14:55 Anticoagulation in cancer patients Tim Cooksley (Manchester)
- 14:55–15:25 Cardiac amyloidosis Carol Whelan (London)

15:25–15:55	<i>Tea and Meet the Expert sessions</i>	
15:55–16:50	Session 4: Research	
Chairs:	John Cleland (Glasgow) / Iain Squire (Leicester)	
Panel:	John Baxter (Sunderland) / Carol Whelan (London) / Stephen Pettit (Cambridge) / Rosie Heath (Plymouth)	
15:55–15:59	Introduction	John Cleland (Glasgow)
	Young Investigators' Award: rapid fire abstracts	
15:59–16:06	A randomised trial of exercise versus low-energy meal replacement diet to improve cardiac dysfunction in working-age adults with type 2 diabetes	Gaurav Gulsin (Leicester)
16:06–16:13	Dapagliflozin vs. placebo on left ventricular remodelling in patients with diabetes mellitus and heart failure: The REFORM Trial	Jagdeep Singh (Edinburgh)
16:13–16:20	The impact of frailty on all-cause and cause-specific mortality and hospitalisation in ambulatory patients with chronic heart failure	Shirley Sze (Leicester)
16:20–16:50	BSH Research Fellows: updates	Richard Baker (Bristol) Simon Beggs (Glasgow)
16:50–17:20	Session 5: Hyde Park presentations	
Chairs:	John Baxter (Sunderland) / Andrew Clark (Hull)	
16:50–17:00	NICE, NICOR and B Blockers in acute heart failure - fake news or institutionalised harm?	Dargoi Satchi (Stoke-on-Trent)
17:00–17:10	Fork Handles	Jo Sykes (Torquay)
17:10–17:20	A knockout way to reduce your mortality rate	John Baxter (Sunderland)
17:20–18:30	<i>Cheese and wine</i>	

Day two: Friday 29 November

08:30–08:55	BSH Annual General Meeting (BSH members only)	
Chairs:	Peter Cowburn (Southampton) / Paul Kalra (Portsmouth)	
08:55–09:00	Introduction and the new BSH Board	Simon Williams (Manchester)
09:00–10:00	Session 6: Exercise and rehabilitation in heart failure (Joint BSH / BACPR session)	
Chairs:	Paul Forsyth (Glasgow) / Rosie Heath (Plymouth)	
09:00–09:25	BACPR guidelines	Scott Murray (Liverpool)
09:25–09:50	Lifestyle issues in heart failure	Diane Barker (Stoke-on-Trent)

09:50–10:00 Presentation of the Young Investigators' Award
Simon Williams (Manchester)

10:00–10:45 Session 7: Heart failure trials
Chairs: Suzanna Hardman (London) / Theresa McDonagh (London)

10:00–10:25 Clinical trials in the past year John Cleland (Glasgow)

10:25–10:45 Clinical trials of the future Martin Cowie (London)

10:45–11:15 *Coffee and Meet the Expert sessions*

11:15–12:30 Session 8: IT innovation to improve quality
Chairs: Peter Cowburn (Southampton) / Scott Murray (Liverpool)

11:15–11:35 The virtual heart failure clinic Ken McDonald (Dublin)

11:35–11:50 Cardiology in the internet age Rohin Francis (London)

11:50–12:10 Media campaign in heart failure Simon Williams (Manchester)

12:10–12:30 It is time we increased the ratio of community heart failure nurses to patients in the UK: 1 per 100,000 of the population is not enough
Lynda Blue Award 2020 Jayne Masters (Southampton)
Jayne Masters (Southampton)

12:30–14:00 *Lunch and Meet the Exhibitors*

13:00–13:50 Satellite Symposium
Sponsored and organised by Novartis Pharmaceuticals

14:00–15:10 Session 9: Palliative care: advance care planning
Chairs: Diane Barker (Stoke-on-Trent) / Parminder Chaggar (Truro)

14:00–14:20 Advance care planning: physician's perspective Jackie Taylor (Glasgow)

14:20–14:40 Heart failure nurse's perspective Carys Barton (London)

14:40–15:00 Psychologist's perspective Melissa Sanchez (Harefield)

15:00–15:10 Panel discussion

15:10–15:40 *Tea and Meet the Expert sessions*

15:40–16:05 Session 10: The patient's perspective
Chair: Paul Kalra (Portsmouth)
Panel: Nick Hartshorne-Evans (Pumping Marvellous Foundation) /
Joel Rose (Cardiomyopathy UK)

A hard pill to swallow Julie Harris (Manchester)

16:05–16:50	Session 11: Cases / MDT	
Chair:	Andrew Clark (Hull)	
Panel:	Lisa Anderson (London) / John Baxter (Sunderland) / Louise Clayton (Leicester) / Jim Moore (Cheltenham)	
16:05–16:20	Case 1: Tricuspid regurgitation and pacing: more or less?	Christopher Cassidy (Blackpool)
16:20–16:35	Case 2: A case of Immersion pulmonary oedema	Simon Duckett (Stoke-on-Trent)
16:35–16:50	Case 3: Decompensated heart failure: To admit or not to admit	Fozia Ahmed (Manchester)
16:50	Closing remarks	Simon Williams (Manchester)
16:55	Meeting close	

For scientific and/or technical reasons the BSH programme directors reserve the right to make any change to the programme.

Platinum Exhibitors:

Novartis Pharmaceuticals

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Other Contributors:

British Heart Foundation

Cardiomyopathy UK

Heartfelt Technologies

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UK HF Investigators Research Network

The BSH also gratefully acknowledges the support provided by the **Friends of BSH:**

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For further information about this meeting or the BSH, please contact:

British Society for Heart Failure

33 Cavendish Square, London W1G 0PW

Telephone: 020 3875 0601 E-mail: info@bsh.org.uk

Website: www.bsh.org.uk Twitter: @BSHeartFailure

Registered office: as above Company number: 3767312 Registered charity number: 1075720

22nd BSH Annual Autumn Meeting 2019 – Information

Dates/venue

The meeting will take place on 28–29 November 2019 at the QEII Centre, Broad Sanctuary, Westminster, London, SW1P 3EE (telephone: 0207 798 4000; website: www.qeiicentre.london).

Registration

BSH members are entitled to a subsidised registration fee. Members registering before **11 October 2019** are entitled to a further reduction in fee (the **Early Bird** rate) (**DEADLINE HAS NOW PASSED**). The registration fee for all options includes scientific meeting attendance and catering as indicated on the programme on both days including the cheese and wine reception on 28 November. Travel and accommodation are not included.

Payment

Fees may be paid by any of the means below:

- **PayPal**
- **BACS:** (internet or telephone banking)
Sort code: 20-07-82; Account: 00452912
Reference: your surname and initial(s)
Please e-mail events@bsh.org.uk to confirm that payment has been made
- **Credit/debit card:** please call the BSH conference hotline on 01225 430508 to make a payment
- **Invoice:** can be raised to Trusts or Organisations upon request via e-mail. Requests **must** be accompanied by a copy of the associated Purchase Order from your organisation

Places at this meeting cannot be reserved. Confirmation of registration will be provided only once payment is received in full or a Purchase Order has been provided.

Confirmation

We will send confirmation of your registration by e-mail when we receive your completed form and payment. If you have not received this within two weeks, please let us know so that we can check whether your registration form and payment have been received.

Travel grants

A limited number of travel grants of up to £100 standard fare are available on a first-come, first-served basis to non-consultant healthcare professionals who fulfil all the following criteria:

- BSH member
- Where financial considerations would otherwise prevent them attending the meeting
- Live in the UK outside the M25
- Do not have access to a travel budget and are unable to reclaim travel funds from other sources
- Will be able to provide a receipt for the travel costs for reimbursement by BSH after the meeting.

Funding

If you are a healthcare professional supporting patients affected by or at risk of cardiovascular disease why not join the **British Heart Foundation Alliance**. Members of the Alliance can access learning and development opportunities including funding to attend training courses and conferences relevant to cardiovascular care. Join for free at www.bhf.org.uk/alliance. Please note the Alliance requires at least 4 weeks to process applications.

If you are a member of the **British Association for Nursing in Cardiovascular Care (BANCC)** you may be able to secure funding (maximum £250) from their professional development fund.

BSH Annual General Meeting (AGM)

This meeting will take place on Friday 29 November at 08:30–08:55 at the meeting venue. Please note, the AGM is open to BSH members only.

Exhibitors and Friends of BSH

If you would like to exhibit at this meeting or become a Friend of the BSH, please contact the BSH Secretariat (e-mail: events@bsh.org.uk) for more information.

Accreditation

Royal College of Physicians and Royal College of Nursing accreditation has been applied for.

Cancellation

Cancellation of your registration is without charge before 1 November 2019. Cancellations thereafter will not be refunded; however, a change of name is permitted without charge until 22 November 2019.

BSH membership

If you wish to join the BSH, you can apply for membership at the same time as registering, thus benefiting from the reduced membership registration fee. The membership fee is £35 for nurses and research fellows, and £45 for all other healthcare professionals.

If you pay by standing order there is a £5 discount. **Please consult the BSH website (www.bsh.org.uk) for details, complete the membership application form and send it with your registration form to events@bsh.org.uk.**

Young Investigators' Award – abstract submission

This opportunity is open to BSH members (physicians in registrar/training posts, nurses and other professionals allied to medicine) and three abstracts will be chosen for oral presentation in Session 4. Please indicate on your meeting registration form if you wish to submit an abstract/s and see the BSH website (www.bsh.org.uk) or e-mail events@bsh.org.uk for submission guidelines. The deadline for submission is **16 September 2019. (DEADLINE HAS NOW PASSED)**

Hyde Park session – submission of ideas

We invite all BSH members (physicians, nurses and other professions allied to medicine) to submit presentation ideas for Session 5 of the programme; three will be chosen for oral presentation. Speakers may present a novel hypothesis (with or without data) or elect to present a point of view contrary to current thinking in heart failure. The presentations should entertain, challenge and evoke reaction from the audience. If you are interested, please submit a presentation title and brief paragraph outlining your plans for a 10-minute presentation, as well as your title, name, affiliation and contact details by **16 September 2019** to events@bsh.org.uk. (**DEADLINE HAS NOW PASSED**)

Call for Posters

We will have two poster opportunities at the meeting for the following categories:

- Heart Failure Investigators Research Network: an opportunity to advertise UK multi-centre heart failure related studies
- Heart Failure Service/Best Practice: showcase what you are proud of in your heart failure service, and allow others to benefit from your experience.

Further information for each category can be found on our website at www.bsh.org.uk/meetings/bsh-future-meetings/. Please indicate on your registration form if you wish to submit a poster and send a brief summary outlining your study or ideas for your poster to events@bsh.org.uk by **7 October 2019 (DEADLINE HAS NOW PASSED)**. A limited number of posters will be displayed in the exhibition area and space will be allocated on a first-come, first-served basis.

Hotel accommodation

MICE Concierge, in conjunction with the BSH, has arranged special hotel rates for delegates. To view all exclusive rates and to book online, please visit <https://www.miceconcierger.com/events/bsh2019>. Alternatively, if you would like to contact MICE Concierge direct, please call Sophia Pyne on 01438 908770 or email sophia.pyne@miceconcierger.com.

Liability

Neither the BSH nor the venue can accept responsibility for personal injury or loss/damage to private property of participants and exhibitors at this meeting. Participants and exhibitors are advised to make their own arrangements if they consider it necessary.